



PRESCHOOL SNACK JULY 2025

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Veggie straws Apple juice ½ cup	2 CLOSED!!!!	3 CLOSED!!!!	4 CLOSED!!!!
7 Wheat Crackers 4 Fresh fruit ½ cup	8 Cheese its ½ cup Peaches ½ cup	9 Animal Crackers ½ cup Yogurt Dip ½ cup	10 Goldfish Crackers ½ cup Applesauce ½ cup	11 Saltine Crackers 4 Turkey Pepperoni American cheese Apple Juice ½ cup
14 Graham Crackers 2 Applesauce ½ cup	15 Goldfish Crackers ½ cup Fresh Fruit ½ cup	16 Wheat Crackers 4 Fresh fruit ½ cup	17 Veggie Puffs ½ cup Peaches ½ cup	18 Animal Crackers ½ cup Yogurt Dip ½ cup
21 ½ Sunbutter & Jelly Sandwich Milk ¾ cup	22 Saltine Crackers 4 American cheese Apple Juice ½ cup	23 Bread ½ slice with Cream Cheese 1 tsp Pears ½ cup	24 Yogurt ½ cup Pretzels ½ cup	25 Goldfish Crackers ½ cup Applesauce ½ cup
28 Pretzels 7 Apple cauce ½ cup	29 Ritz Crackers 4 Cheese 1 ½ oz Fresh Melon ½ cup	30 Wheat Crackers 4 Fresh fruit ½ cup	31 Peaches ½ cup 2 Graham Crackers	



¾ Cup of 1% Milk Served Daily

Bread & Rolls are Whole Grain

PRESCHOOL BREAKFAST JULY 2025

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY

Monday	Tuesday	Wednesday	Thursday	Friday
	1 French toast sticks 2 1tsp maple syrup Peaches ¼ cup	2 CLOSED!!!!	3 CLOSED!!!!	4 CLOSED!!!!
7 ¾ Cup Kix ½ Banana	8 Blueberry Pancake Turkey Sausage links 2	9 ½ Bagel w 1 Tsp Cream Cheese ½ Cup Applesauce	10 6 oz Yogurt ½ slice Raisin Bread	11 ½ Cup Cheerios ½ Banana
14 ¾ life cereal ½ Banana	15 French Toast Sticks 2 1 Tsp Maple Syrup ½ Cup Baked Pears	16 6 oz Yogurt ½ slice Raisin Bread	17 Corn muffin ½ Cup Peaches	18 ¾ Cup Kix ½ Banana
21 ½ Cup Cheerios ½ Banana	22 1 Waffle w 1 Tsp Maple Syrup 1/2 Cup Fresh Fruit	23 1 Blueberry Muffin ½ Cup Baked Apple	24 6 oz Yogurt ½ slice Cinnamon swirl Bread	25 ¾ Cup life cereal ½ Banana
28 Kix ½ cup ½ banana	29 Pancakes Turkey Sausage links 2	30 ½ Bagel w 1 Tsp Cream Cheese ½ Cup Baked Pears	31 Turkey sausage on an English muffin ½ cup orange slices	



PRESCHOOL LUNCH JULY 2025

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY

Monday	Tuesday	Wednesday	Thursday	Friday
30 Turkey Keilbasa 1 ½ oz, rice ¼ cup, Steamed broccoli ½ cup Cantaloup chunks ½ cup	1 Cheese ravioli ½ cup with sauce, green beans ½ cup Sliced oranges ½ cup	2 CLOSED!!!!!!	3 CLOSED!!!!!!	4 CLOSED!!!!!!
7 Chicken Nuggets 1 ½ Oz Sweet Potato Fries ¼ Cup Green Beans ½ Cup Watermelon chunks ½ Cup	8 Meatballs 1 ½ Oz with Sauce, WW bread 1 slice Steamed Broccoli ½ Cup Peaches ½ Cup	9 Grilled cheese on WW bread 1 Candied carrots ½ cup Pears ½ Cup	10 Chicken Tenders 1 ½ Oz Rice ¼ Cup Mixed Veggies ½ Cup Fresh Fruit ½ Cup	11 English Muffin cheese Pizza Assorted Veggies ½ Cup Fresh Fruit ½ Cup
14 Cheese quesadilla, sour cream, salsa, black beans ¼ cup, steamed broccoli ½ Cup, Melon Chunks ½ Cup	15 Chicken Patty 1 ½ Oz Wg Roll 1 Sliced Cheese 1 ½ Oz Tossed Salad Fruit Cocktail ½ Cup	16 Baked Ziti With Meat sauce (1 ½ Oz Meat) Green Beans ½ Cup Tropical Fruit ½ Cup	17 Turkey Kielbasa 1 ½ Oz Rice ¼ Cup Broccoli ½ Cup Fruit Cocktail ½ Cup	18 Pepperoni Pizza Dippers 3 Turkey Pepperoni 1 ½ Oz Cheese 1 ½ Oz Sliced Peppers ½ Cup Tropical Fruit ½ Cup
21 Turkey and cheese sandwich on WW bread 1/2, French fries ¼ cup, baby carrots ½ cup Oranges ½ Cup	22 Chicken Nuggets 1 ½ Oz Tator Tots ¼ Cup Steamed Carrots ½ Cup Honey Dew Melon ½ Cup	23 Sticky Chicken 1 ½ Oz Rice ¼ Cup Peas/Carrots ½ Cup Pineapple Chunks ½ Cup	24 Meatballs With Sauce 1 ½ Oz Roll 1 Cheese 1 ½ Oz Mixed Veggies ½ Cup Fresh Fruit ½ Cup	25 English Muffin cheese Pizza Mixed Vegetables ½ Cup Fresh Oranges ½ Cup
28 Grilled cheese on WW bread, tossed salad ½ cup Watermelon ½ cup	29 American chop suey ¼ cup, green beans ½ cup WG Bread 1 Slice Melon Chunks ½ Cup	30 Chicken Nuggets 1 ½ Oz Mashed Potatoes ¼ Cup Steamed Broccoli ½ Cup Peaches ½ Cup	31 Cheese quesadilla, sour cream, salsa, rice and beans ¼ cup, Sliced Apples ½ Cup	